

**HIGH POINT POOL, INC.**

**RULES AND REGULATIONS**

***March 2008 Updated***

These rules and regulation are for the comfort, benefit, and protection of all members and their guests. They will be strongly enforced. Their purpose is to provide a safe, secure environment and sanitary operation of all facilities. They are designed to be fair, across the board, to all members. Parents are responsible for teaching their children and instructing their guests to observe all rules and to obey the pool manager, co-manager or assistant and the lifeguards.

OPENING DAY: Saturday of Memorial Day Weekend

CLOSING DAY: Labor Day

POOL HOURS: 11 a.m. until 9:00 p.m.

## 1. ADMISSION TO THE POOL

A. Members: Each member will identify himself by name and number to the desk attendant as he/she enters.

B. Guests: A family will be restricted to six guests on any operational day; however, the number of guests may be further restricted in the event the pool manager or assistant manager determines that the pool is overcrowded. Restriction may be waived for special occasions by the petition and approval of the Board. Guests must be accompanied by their member sponsor to gain entrance to the pool, unless previous arrangements have been made at the front desk. Any guest passes are the sole property of the member who purchased them and are not transferable.

2. USE OF THE POOL: (For the purpose of these rules, the pool is defined by four areas: the deep end; the shallow end (3ft); the middle of the pool; the wading pool. The shallow end and middle area combined may be referred to as the large pool.)

A. All bathers must take a shower in the bathhouse before entering the pool. Keep shower time to a minimum; extensive bathing and hair washing should be done elsewhere.

B. Only those in swimming attire and without street shoes are permitted to cross the blue line.

C. Bathing caps are not necessary, but long hair must be controlled.

D. Expectorating, nose blowing, gum chewing and using foul language are prohibited. Rude behavior and causing undue disturbances will not be tolerated.

E. No glass containers of any kind are allowed in the pool area.

F. NO RUNNING, PUSHING, WRESTLING OR BELLIGERENT BEHAVIOR IN OR ABOUT THE POOL AREA IS PERMITTED. NO TAG OR SIMILAR GAMES ARE PERMITTED IN THE 3 FT. AREA OF THE POOL.

G. No ball playing except with sponge-type balls is allowed in the pool area. Water basketball is allowed in the middle area of the pool.

H. No skateboarding is permitted on the property. Any skateboards found on the property will be temporarily confiscated.

I. No food or trash of any kind is permitted on the pool side of the blue line and the concrete deck, except for transportation of food or drink, by adults, to the baby pool area for consumption within that area. Food or drink is not to be given to a child while he/she is in the water of the wading pool.

J. Chaise lounge chairs are for sunbathing, not for holding personal items, and are not to be reserved.

K. There will be no sitting on or jumping over fences.

L. The maximum speed limit to be maintained is 10 mph on the roadway and 5 mph in the parking lot.

M. For the protection of pool property, any member wishing to be on pool property before or after normal hours of operation must receive written permission from the Board.

N. Parents shall be responsible for, and stay with, their children in the wading pool. The lifeguards' duties extend primarily to the large pool and deep end. Babysitters (at least 14 years of age) are permitted; however, this does not release parents from their responsibility. If abused, parents will be suspended for a decided period.

O. All swimmers are cautioned not to become fatigued. A rest period will be called for 15 minutes of each hour. All children under the age of 16 shall vacate the pool for the rest period, even though they may have just arrived to swim. Children may not sit on the edge of the pool and dangle their legs/feet or arms/hands in the pool during the rest period/break.

P. Floatation equipment, including life preservers of all types are prohibited in the large pool, except where the Board has given permission. Swimmies/Waterwings are to be allowed only in the 3 ft. area and only with an adult in the pool with the child. Devices designed and used as exercise aids, such as kickboards, are permitted while swimming laps in the lap lane. Flotation devices of any kind are prohibited from use in the deep end (including rafts on raft night).

Q. Face masks are permitted, but only if made of non-breakable material. Oars of any kind are not allowed.

**R. RULES HAVING SPECIFIC APPLICATION TO CHILDREN:**

1. Children under the age of 4 are not allowed in the large pool unless accompanied by a parent or qualified babysitter.
2. Children under the age of 3 may accompany their parents in the 3 ft. section of the pool during break periods.
3. Children over 6 years of age shall not use the wading pool.
4. Children under 8 years of age must always be accompanied in the pool area by an adult member or qualified babysitter.

5. Lifeguards have the authority to remove a swimmer from a certain area of the pool if the swimmer is lacking the necessary swimming skills.
6. Children under the age of 13 must be accompanied by an adult or qualified babysitter after 6:00 p.m.
7. CHILDREN WHO ARE NOT TOILET TRAINED MUST WEAR DIAPERS AND SNUG FITTING PLASTIC PANTS OVER THEM.
8. Under no circumstances will a non-swimmer be allowed in the deep end of the pool.
9. Parents arranging pool parties are responsible for ensuring compliance with pool rules and for ensuring that each child wear a wristband and comfortably stay in areas where the child can stand unless the child has passed a lifeguard-administered swim test.

#### S. RULES GOVERNING DIVING:

Note: The basic rules for the diving board apply to the water slide. It is not allowed to slide head first.

1. Dive in a forward direction only, except this does not prohibit standard dives which are made while facing the diving board ladder.
2. Do not dive until the previous diver has cleared the area below the board.
3. No horseplay or running on the diving board is permitted. This includes repeated jumping up and down on the end of the diving board or climbing on the rails.
4. Only one person is allowed on the slide tower at a time. Do not ascend the ladder until the diver ahead has dived.
5. Swimmers must stay clear of the diving area.
6. Divers, upon surfacing, must swim immediately either out of the diving area or to the nearest ladder in the diving area and immediately leave the deep water area.
7. Face masks and glasses must be removed before diving.
8. No diving in the 3 ft. area is allowed.
9. Swimming in the diving area will be permitted only if there is no one going off the diving boards and then only with the permission of the lifeguard on duty. Those wishing to use the boards have the "right of way" at all times.
10. No backward diving is permitted from the edge of the pool.

#### T. WHAT TO DO AT THE TIME OF AN EMERGENCY:

1. Recognize the emergency signal of three blasts on the whistle and vacate the pool at once. Do not in any way delay vacating the pool on the

sounding of the emergency. To do so may endanger the individual and impede the response to the emergency.

2. If asked to assist, please follow direction and do so promptly.

3. No other swimmers will be allowed to enter the pool area during an emergency. The desk attendant will close off the front gate immediately.

4. **DO NOT RUN, PUSH OR SCREAM WHEN CLEARING THE POOL.** Please stay behind the blue line when asked to clear the pool. Stay quiet and avoid panic.

5. If an efficient rescue is performed, all the steps here listed should be followed. This is imperative when and if it is needed to rescue a person. **PLEASE FAMILIARIZE YOURSELF WITH THESE STEPS.**

### 3. CLOSING THE POOL:

A. The pool manager or co—manager has the responsibility and authority to require everyone to vacate the premises when weather or other conditions dictate.

B. Upon detection of lightning or thunder, the pool manager or co-manager will close the pool for swimming by sounding the emergency signal of three blasts on the whistle and restrict members and guests to the bathhouse.

C. In a weather emergency, the pool will remain closed at the discretion of the pool manager or co-manager, but for at least fifteen minutes. The manager or co-manager will monitor the position and movement of thunder clouds while adhering to the following guideline: **UPON SEEING LIGHTNING: Clear deck at least 30 minutes. UPON HEARING THUNDER: Clear pool minimum of fifteen minutes.**

D. If the pool area is closed for the remainder of the day for inclement weather or for any other reason, permission from the President or Vice-President of the Board will be secured.

### 4. ENFORCEMENT OF THE RULES AND REGULATIONS:

A. The pool manager or co-manager has the responsibility and authority to enforce all rules and regulations of High Point Pool.

B. If the pool manager or co-manager determines that, after due and proper notice, a given individual is not abiding by one or more of these rules and regulations, this person shall be suspended from further pool activities for the remainder of the day. If said person is a juvenile, parents will be called at the phone numbers provided by the parents. Parents/Guardians will then be informed of the suspension and the reason for it.